

SALADS 8.95

ADD ONS:

Tuna Salad 5.95 Curry Chicken Salad 5.95 Marinated Grilled Tofu 4.95
Lamb Sausage 7.95 Chicken Schnitzel 6.95

MEDITERRANEAN SALAD

Marinated chickpeas/ pickled onions/ cucumbers/
kalamata olives/ romaine hearts/ feta cheese

CHOPPED KALE

Tri color quinoa/ radishes/ apples/
goat cheese/ tahini lemon vinaigrette

FATTOUSH

Fresh hummus/ pita chips/ cucumbers/
green onions/ arugula/ tomatoes

CAESAR SALAD

Romaine hearts/ grain croutons/
parmesan/ anchovy dressing

HEALTHY MESS

Roasted beets/ labne/ grape tomatoes/
walnuts/ boiled egg/ ricotta salata

QUICHE AND SALAD

LOCAL MUSHROOMS AND CHEESE 7.50

QUICHE OF THE WEEK PA

ISRAELI STYLE BOUREKAS 7.50

All bourekas served with fresh grated tomatoes and sour pickle on the side.

THREE CHEESE

Ricotta/ kashkaval/ kasseri

SPINACH AND FETA

SLOW COOKED BEEF

Caramelized onions/ herbs

MAKE IT A 'PINUKIM DELUXE' add 3.95

{ Stuffed with two eggs, salsa verde and served with fresh field greens }

JUICES

16 oz 5.95 / 20 oz 7.50

GREEN EYES

Apple/ kale/ cucumber/
celery/ lemon

RED GOURD

Beets/ ginger/ carrots/
lemon/ red apple

FLU SHOT

Ginger/ lemon/ celery/
carrots/ orange juice

FRESH OJ OR APPLE

small 3.95/ large 5.00

SMOOTHIES

16 oz 5.95 / 20 oz 7.50

SIMPLE AFTERNOON

Strawberry/ banana/
your choice of milk

PEACE IN THE MIDEAST

Banana/ walnuts/ honey/
cinnamon/ vanilla almond milk

CLEAN ME UP

Strawberries/ blueberries/
banana/ pomegranate juice

MAKE YOUR OWN

pick 4 and your choice of milk

JIM'S ORGANIC COFFEE

HOUSE BLEND 1.85 2.50

ESPRESSO 2.25 2.85

AMERICANO 3.15 3.75

RED EYE 3.50 4.15

CORTADO 3.50 4.15

LATTE 3.25 3.95

CAPPUCCINO 3.25 3.95

MOCHA 4.50 5.25

made with real chocolate

NOT COFFEE

YOGIC CHAI LATTE 3.50 4.00

DIRTY CHAI LATTE 3.95 4.50

HOT CHOCOLATE 4.25 4.85

made with real chocolate

ORGANIC TEA 2.50

FRESH SAGE TEA 2.50

FRESH MINT TEA 2.50

LOUIZA TEA 2.25

ICED TEA

3.00

HOUSE BREWED ICED TEA

ICED MINT

ICED SAGE

Marcel

bakery & kitchen

Breakfast • Lunch • Catering

631 1/2 Valley Road • Upper Montclair, NJ 07043
marcelbakeryandkitchen.com

Take out • 973-842-4088 • Delivery

{ For catering please call 973-842-4086
or email info@marcelbakeryandkitchen.com }

Breakfast served all day

THE EGGS

We use only free range eggs, pure butter, and pure oils.

THREE EGGS YOUR WAY 7.50

Pita or grain bread/ green salad

MARCEL'S EGG BURRITO 9.50

Turkey bacon/ spinach/ mushrooms/ sharp cheddar

SPINACH AND MUSHROOM OMELET 10.00

Sharp cheddar/ chives/ local oyster & portabello mushrooms

BUTTERY SCRAMBLED EGG & CHEESE SANDWICH 7.95

Brioche bun/ chives/ tomato/ sharp cheddar

THE HEALTHY BOMB 12.00

Two hard boiled eggs/ cucumbers/ smoked salmon/ chopped green kale/ tahini lemon vinaigrette/ grilled bread

ISRAELI BREAKFAST 12.00

Grilled halloumi cheese/ sour pickles/ labne/ two sunny eggs/ za'atar/ chopped salad/ pita

BREADS, GRAINS & BOWLS

MUESLI 6.50

Organic oats drowned in milk of your choice and chopped seasonal fruits

ORGANIC NUTS &

DRY FRUITS GRANOLA 6.00

Vanilla yogurt/ honey/ fresh fruit

OATMEAL 5.50

Raisins/ almonds/ bananas

BUTTERMILK PANCAKES 10.50

Bananas/ whipped cream

JERUSALEM GRAIN BAGEL 10.50

Smoked salmon/cream cheese/ red onions

CHOCOLATE CHIP WAFFLES 8.50

Whipped cream/ house jam/ bananas

'YEMENITE VINE' BREAKFAST 8.50

Baked malawach/ grated tomatoes/ boiled egg/ harissa

QUINOA BREAKFAST 11.50

Lemon tahini vinaigrette/ chopped kale/ poached eggs/ almonds

Served all day

BAKED GOODS

CROISSANT 3.00

PAIN A CHOCOLATE 3.50

HALVA AND CHOCOLATE CROISSANT
ONE 2.00 / THREE 5.00

FRUIT SCONE 3.25

WEEKLY DANISH PA

BREAKFAST SIDES

FRUIT BOWL 4.95

TURKEY BACON 3.95

TOASTED BREAD 2.95

ZA'ATAR POTATOES 3.95

FIELD GREENS 4.95

12" PIZZAS & FLATBREADS 11.95

Served with green salad

MANAKISH OLIVE OIL ZA'ATAR BREAD

SHAKSHUKA PIZZA

MUSHROOM AND RICOTTA

TARTINES

Served on thick, sliced, and toasted country bread

SMOKED SALMON 11.95

Poached eggs/ dill sauce/ za'atar

LOCAL MUSHROOMS 10.95

Ricotta cheese/ lemon & honey/ poached eggs

SHAKSHUKA BAR

All shakshukas come with two poached eggs in a slow stewed signature sauce and with fresh challah bread.

LOCAL MUSHROOM & SPICY HARISSA 13.00

MISHMISH CLASSIC 12.00

Spicy harissa/ slow stewed tomatoes/ garlic/ red pepper/ feta cheese/ za'atar/ poached eggs

WEEKLY SHAKSHUKA PA

Sandwiches served after 10:30 am

SANDWICHES

Add field greens 2.95 Add za'atar potatoes 2.95

MISHMISH

VEGETARIAN 'SABICH' 7.95

Smoked eggplant spread/ roasted tomato/ tahini and herbs/ boiled egg/ feta cheese

HOMEMADE SLICED TURKEY BREAST AND BRIE CHEESE 10.95

Dijon mustard dressing/ lettuce/ tomatoes/ sharp cheese

MAMA'S CHICKEN STEW IN PITA 9.95

Boneless, skinless stewed chicken in Moroccan seasoning/ harissa aioli/ fresh greens

TUNA SALAD 7.95

Chopped red pepper/ sour pickles/ kalamata olives/ smoked paprika/ aioli & mustard

LAMB MEATBALLS IN PITA 12.95

Tahini/ sour pickles

CHICKEN SCHNITZEL 9.95

Cheese/ roasted peppers/ aioli/ mustard

JERSEY JERSEY JERSEY 9.95

Fresh burrata/ basil pesto/ tomatoes

LE AMERICAN 12.95

Lamb merguez sausage/ cabbage/ dijonaise

THE MEDITERRANEAN BOY 10.95

Grilled halloumi cheese/ basil pesto/ roasted tomatoes/ crunchy romaine

VEGAN DREAM 8.95

Marinated grilled tofu/ basil pesto portabello mushroom/ butter lettuce

GREEN FALAFEL 7.95

Tahini sauce/ romaine hearts/ red cabbage

MIDDLE EASTERN

GRILLED BEEF KEBAB 9.95

Green tahini sauce/ sour pickle/ red cabbage

CURRY CHICKEN SALAD 8.95

Celery/ raisins/ za'atar/ caramelized onions/ aioli

GRILLED CHEESE 7.95

Sharp cheddar/ kasseri & kashkaval cheese/ pressed on pullman bread