

{ GRAB AND GO }

BREAKFAST

**ORGANIC NUTS &
DRY FRUITS GRANOLA** 6.00

Vanilla yogurt/ honey/ fresh fruit

MUESLI 6.50

*Organic oats
drowned in milk
and chopped seasonal fruits*

EGGPLANT DIP 5.95

LABNE 4.95

HUMMUS 5.95

FRESH SQUEEZED OJ

small 3.95/ large 5.00

MALABI 4.95

SALADS AND WRAPS

SALAD ADD ONS:

*Tuna Salad 5.95 Curry Chicken Salad 5.95 Marinated Grilled Tofu 4.95
Lamb Sausage 7.95 Chicken Schnitzel 6.95*

MEDITERRANEAN SALAD 8.95

*Marinated chickpeas/ pickled onions/ cucumbers/
kalamata olives/ romaine hearts/ feta cheese*

CHOPPED KALE 8.95

Tri color quinoa/ radishes/ apples/ goat cheese/ tahini lemon vinaigrette

HEALTHY MESS 8.95

Roasted beets/ labne/ grape tomatoes/ walnuts/ boiled egg/ ricotta salata

SABICH WRAP 7.95

CURRY CHICKEN WRAP 8.95

TUNA SALAD WRAP 7.95

SMOOTHIES

16 oz 5.95 / 20 oz 7.50

SIMPLE AFTERNOON

*Strawberry/ banana/
your choice of milk*

PEACE IN THE MIDEAST

*Banana/ walnuts/ honey/
cinnamon/ vanilla almond milk*

CLEAN ME UP

*Strawberries/ blueberries/
banana/ pomegranate juice*

MAKE YOUR OWN

pick 4 and your choice of milk

JIM'S ORGANIC COFFEE

HOUSE BLEND 1.85 2.50

ESPRESSO 2.25 2.85

AMERICANO 3.15 3.75

RED EYE 3.50 4.15

CORTADO 3.25

LATTE 3.25 3.95

CAPPUCCINO 3.25 3.95

MOCHA 4.50 5.25

made with real chocolate

NOT COFFEE

YOGIC CHAI LATTE 3.50 4.00

DIRTY CHAI LATTE 3.95 4.50

HOT CHOCOLATE 4.25 4.85

made with real chocolate

ORGANIC TEA 2.50

FRESH SAGE TEA 2.50

FRESH MINT TEA 2.50

LOUIZA TEA 2.25

ICED TEA

3.00

HOUSE BREWED ICED TEA

ICED PEACH

ICED PASSION FRUIT

Marcel
bakery & kitchen

Breakfast • Lunch • Catering

631 1/2 Valley Road • Upper Montclair, NJ 07043
marcelbakeryandkitchen.com

Take out • 973-842-4088 • Delivery

{ For catering please call 973-842-4086
or email info@marcelbakeryandkitchen.com }

Breakfast served all day

THE EGGS

We use only free range eggs, pure butter, and pure oils.

THREE EGGS YOUR WAY 7.50

Pita or grain bread/ green salad

MARCEL'S EGG BURRITO 9.50

Turkey bacon/ spinach/ mushrooms/
sharp cheddar

SPINACH AND MUSHROOM OMELET 10.00

Sharp cheddar/ chives/
local oyster & portabello mushrooms

BUTTERY SCRAMBLED EGG & CHEESE SANDWICH 7.95

Brioche bun/ chives/ tomato/
sharp cheddar

THE HEALTHY BOMB 12.00

Two hard boiled eggs/ cucumbers/
smoked salmon/ chopped green kale/
tahini lemon vinaigrette/ grilled bread

ISRAELI BREAKFAST 12.00

Grilled halloumi cheese/ sour pickles/
labne/ two sunny eggs/ za'atar/
chopped salad/ pita

BREADS, GRAINS & BOWLS

OATMEAL 5.50

Raisins/ almonds/ bananas

BUTTERMILK PANCAKES 10.50

Bananas/ whipped cream

JERUSALEM GRAIN BAGEL 10.50

Smoked salmon/ cream cheese/
red onions

HOUSE MADE CHALLAH

FRENCH TOAST 12.00
Whipped cream/ bananas

'YEMENITE VINE' BREAKFAST 8.50

Baked malawach/ grated tomatoes/
boiled egg/ harissa

QUINOA BREAKFAST 11.50

Lemon tahini vinaigrette/
chopped kale/ poached eggs/ almonds

TARTINES

Served on thick, sliced, and toasted country bread

SMOKED SALMON 11.95

Poached eggs/ dill sauce/ za'atar

LOCAL MUSHROOMS 10.95

Ricotta cheese/ lemon & honey/
poached eggs

BAKED GOODS

CROISSANT 3.00

PAIN AU CHOCOLAT 3.50

HALVA AND CHOCOLATE CROISSANT ONE 2.00 / THREE 5.00

FRUIT SCONE 3.25

ALMOND TEA CAKE 3.00

BREAKFAST SIDES

FRUIT BOWL 4.95

TURKEY BACON 3.95

TOASTED BREAD 2.95

ZA'ATAR POTATOES 3.95

FIELD GREENS 4.95

12" DAILY PIZZAS & FLATBREADS

Served with green salad 11.95

SHAKSHUKA BAR

All shakshukas come with two poached eggs in a slow stewed signature sauce
and with fresh challah bread.

MISHMISH CLASSIC 12.00

Spicy harissa/ slow stewed tomatoes/ garlic/
red pepper/ feta cheese/ za'atar/ poached eggs

LOCAL MUSHROOM & SPICY HARISSA 13.00

ISRAELI STYLE BOUREKAS 7.50

All bourekas served with fresh grated tomatoes and sour pickle on the side.

THREE CHEESE

Ricotta/ kashkaval/ kasseri

SPINACH AND FETA

MAKE IT A 'PINUKIM DELUXE' add 3.95

{ Stuffed with two eggs, salsa verde and served with fresh field greens }

Served after 10:30 am

SANDWICHES

Add field greens 2.95 Add za'atar potatoes 2.95

MISHMISH

VEGETARIAN 'SABICH' 7.95

Smoked eggplant spread/
roasted tomato/ tahini and herbs/
boiled egg/ feta cheese

HOMEMADE SLICED TURKEY BREAST AND BRIE CHEESE 10.95

Dijon mustard dressing/ lettuce/
tomatoes/ sharp cheese

MAMA'S CHICKEN STEW IN PITA 9.95

Boneless, skinless stewed chicken
in Moroccan seasoning/
harissa aioli/ fresh greens

TUNA SALAD 7.95

Chopped red pepper/ sour pickles/
kalamata olives/
smoked paprika/ aioli & mustard

LAMB MEATBALLS IN PITA 12.95

Tahini/ sour pickles

CHICKEN SCHNITZEL 9.95

Cheese/ roasted peppers/ aioli/ mustard

JERSEY JERSEY JERSEY 9.95

Fresh burrata/ basil pesto/ tomatoes

LE AMERICAN 12.95

Lamb merguez sausage/ cabbage/ dijonaise

THE MEDITERRANEAN BOY 10.95

Grilled halloumi cheese/ basil pesto/
roasted tomatoes/ crunchy romaine

VEGAN DREAM 8.95

Marinated grilled tofu/ basil pesto/
portabello mushroom/ butter lettuce

GREEN FALAFEL 7.95

Tahini sauce/ romaine hearts/
red cabbage

MIDDLE EASTERN

GRILLED BEEF KEBAB 9.95

Green tahini sauce/ sour pickle/ red cabbage

CURRY CHICKEN SALAD 8.95

Celery/ raisins/ za'atar/
caramelized onions/ aioli

GRILLED CHEESE 6.00

Sharp cheddar/ kasseri & kashkaval cheese/
pressed on pullman bread

QUICHE AND SALAD

LOCAL MUSHROOMS AND CHEESE 7.50

QUICHE OF THE WEEK PA